KILLER PECANS, Cinnamon Pecans

11/21/2016

Nutrition Facts

Serving Size 1 oz.(approx.19 halves) (28g)
Servings Per Container

Amount Per Serving

Calories 210	Calories from Fat 170
	% Daily Value*
Total Fat 19g	**29**%
Saturated Fat 2g	**10**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 10mg	**0**%
Total Carbohydrate 6g	**2**%
Dietary Fiber 2g	**8**%
Sugars 1g	
Protein 2g	

Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4